

March 13, 2023

CURRICULUM VITAE

President  
Potomac Psychiatry  
5920 Hubbard Drive  
Rockville, MD 20852-4823  
Tel: (301-984-9791 ext. 3  
[www.potomacpsychiatry.com](http://www.potomacpsychiatry.com)

Board Certified in Psychiatry - 1980  
Maryland Medical License D25760  
BND # AK9657012

PERSONAL INFORMATION

Status: Married  
Wife: Barbara Eden Kehr, L.C.S.W.  
Children: Melanie Ann Kehr  
Lisa Beth Kehr

PROFESSIONAL POSITIONS

1982 -

Founder and President, Potomac Psychiatry  
([www.potomacpsychiatry.com](http://www.potomacpsychiatry.com)) a national psychiatric group  
practice

- Numerous Regional and National Awards for Innovative Practice Model
- National Second Opinion Consultations in Genetic Testing and Root Cause Psychiatry
- Actively Practicing in Eight States
- Multiple Specialty Programs
  - Root Cause Psychiatry
  - Genetic Testing
  - Autism
  - Nutritional Psychiatry
  - ReCODE/PreCODE
  - Forensic Psychiatry and Expert Witness
- Blogs read in over 206 countries by over 1.5 million readers
- Best-selling author
- National Thought Leader sought after by numerous symposia organizers and podcasters

2019 – Present

Founder, PainScript, a personalized digital platform for pain management, substance use disorder, and chronic care management

- Inventor of core technology
- Attracted investors for Friends and Family Round
- Led the acquisition of a scientifically validated, award-winning SaaS platform to improve medication and care-plan adherence
- Recruited experienced CEO to lead company
- Recruited CTO and President/CCO

PROFESSIONAL ACCOMPLISHMENTS

- 2023 Global Health & Pharma awarded Potomac Psychiatry, ‘Best Comprehensive Mental Health Services, Mid-Atlantic USA’
- 2023 Global Health & Pharma awarded Potomac Psychiatry “Best Forensic Psychiatry and Expert Witness Services, Mid-Atlantic USA”
- 2021 Global Health & Pharma awarded Potomac Psychiatry, ‘Best Comprehensive Psychiatric Care Services, Northeast USA’
- 2017 – 2022 Castle Connolly “Top Doctor
- 2019 – 2021 Bethesda Magazine “Top Doctor”
- 2014 - 2019 *Washingtonian Magazine* named Dr. Kehr as one of “*Washington’s Top Doctors*” in 2014, after polling over 7000 randomly selected physicians in the DC area, and asking them where they would send their family members for treatment
- 2007 Named as one of the “100 Most Inspiring and Influential Leaders in the Life Sciences Industry” by the editors of PharmaVOICE Magazine
- 2005 - 2023 Board Member, University of Pennsylvania Institute on Aging; Chairman 2005 - 2009
- 1984- Inventor of 15 issued and 6 pending patents issued in the United States, Europe, Canada, and Japan in telemedicine technology, related to electronic patient medication adherence and health status monitoring using portable appliances that interact with and monitor patients and communicate results to an intelligent database, which are instantaneously transmitted via e-mail and SMS/text messaging to loved ones and healthcare professionals, and reported over the Internet.

EDUCATION

- 1971 - 1975 GEORGETOWN UNIVERSITY SCHOOL OF MEDICINE  
Washington, D.C.
- 1967 - 1971 UNIVERSITY OF PENNSYLVANIA  
Philadelphia, PA

PSYCHIATRIC EDUCATION

- 1977 - 1980                    CANDIDATE, BOSTON PSYCHOANALYTIC INSTITUTE  
Completed training psychoanalysis
- 1975 - 1978                    RESIDENCY PROGRAM, TUFTS NEW ENGLAND MEDICAL  
CENTER HOSPITAL  
Boston, MA
- July 1977 - June 1978        CHIEF RESIDENT, ADULT INPATIENT AND DAY  
HOSPITAL SERVICE, TUFTS NEW ENGLAND MEDICAL  
CENTER

PRIOR WORK EXPERIENCE

- 1994 -2000                    Consulting Neuropsychiatrist - Health South  
Rehabilitation Center
- 1994- 1999                    Executive Committee Member,  
Eastern NeuroRehabilitation/Healthsouth Hospital
- 1994 - 1995                    Medical Director for Outpatient Services - Potomac  
Ridge Treatment Center
- 1993 to 1995                    Director, NeuroData, Inc.
- 1991 to 1998                    Crisis consultant to Holton Arms School
- 1990 to 1998                    Crisis consultant to Landon School
- 1988 to 1998                    President and Chief Operating Officer, American  
Neuroscience Centers, Inc., a corporation devoted to  
understanding and treating complex psychiatric illnesses
- 1988 to 1994                    Chairman, MEDI-MONITOR Corporation
- 1989 to May 1992                Director, Metropolitan Bank, N.A., Washington, D.C.
- 1988 to 1992                    Potomac Ridge Treatment Center  
Unit Chief of Neuropsychiatric Evaluation Unit  
Unit Chief of Intensive Care Unit  
Unit Chief of Attending Unit
- 1987 - 1988                    Vice President and Director, American Neuroscience  
Centers, Inc.
- 1987 - 1988                    Director: Chanterelle, Inc.
- 1987 - 1988                    Board Of Directors and Executive Committee Member of the  
Lakewood Centers

1982 - present                      President of Contemporary Psychiatric Services dba Potomac  
Psychiatry, a national Group psychiatric practice

1980 - 1982                         Bethesda Psychiatric Associates, Rockville and Bethesda, MD

1979 - 1980                         Charles River Counseling Center

1978 - 1979                         Director of Psychogeriatric Medicine  
Tufts University - Lemuel Shattuck Hospital  
Jamaica Plain, MA

1976 - present                      Private practice in Psychiatry

ACADEMIC APPOINTMENT

1978 - 1980                         Assistant Clinical Professor of Psychiatry  
Tufts University, School of Medicine

HOSPITAL APPOINTMENTS

Governing Board of Directors-Potomac Ridge Treatment  
Center

Medical Director, Foundations Adolescent Program -  
Psychiatric Institute of Montgomery County

Medical Director, Neuropsychiatric Evaluation Unit -  
Psychiatric Institute of Montgomery County

Open Attending Unit Director, Psychiatric Institute of  
Montgomery County

Vice President of Medical Staff, Psychiatric Institute of  
Montgomery County

Chairman of Pharmacy and Therapeutics Committee,  
Psychiatric Institute of Montgomery County

Executive Committee Member, Psychiatric Institute of  
Montgomery County

Courtesy staff, McLean Hospital, Belmont, MA

Courtesy staff, Suburban Hospital, Bethesda, MD

Courtesy staff, Shady Grove Adventist Hospital,  
Rockville, MD

Governing Board Director -- Potomac Ridge Treatment Center

Medical Executive Committee - Eastern Neuro Rehabilitation  
Hospital

PROFESSIONAL  
CONSULTATION

Consultant, clinical case conferences at Tufts New England  
Medical Center Hospital and Faulkner Hospital 1978-1980

Consultant, Life Center, Inc. Halfway House 1978-1979

PROFESSIONAL  
PRESENTATIONS

Presented to global audience at ***“Microbes and Mental Health”***  
Symposium

“Living Chronic” video podcast – ***“The Role of Infectious  
Diseases and Immune System Dysregulation in Chronic  
Mental Illness”***

Video interview by PsychU, a division of Otsuka Pharmaceutical  
on ***“Root Cause Psychiatry”***

Video interview by KBMO Diagnostics – ***“The Role of Food  
Sensitivity Testing in Chronic Mental Illness”***

Presentation to Women’s Health & Wellness Symposium,  
***“DNA: I Am Who I Am... or Am I? - Conscious Health &  
Wellness Decisions through a Simple Cheek Swab***

Presentation to CADRE DC Cadre-CON event on ***“The Role of  
Genetic Testing in Improving Executive Functioning”***

Numerous presentations on the role of Pharmacogenomic  
Testing in Modern Psychiatric Practice

Lecture series on psychopharmacology and psychiatric  
diagnosis to medical-surgical nurses

Lecture to Glenside Hospital staff on “Countertransference  
and the Elderly Patient”

Seminar Leader in Psychiatry II course, Tufts University  
School of Medicine

Lecturer □Tardive Dyskinesia: Diagnosis and Treatment -  
to mental health center and nursing home administrators

In-service lecturer to geriatric psychiatry staff Ziskind  
Conference participant - Tufts Medical School

Committee on membership, Boston Society for Gerontologic  
Psychiatry

Lecturing medical house staff on psychopharmacology and  
other psychiatric topics

Grand Rounds at Shady Grove Adventist Hospital Lithium  
and Psychiatry

Lecture at Psychiatric Institute of Montgomery County  
on Geriatric Psychiatry - From Psychopharmacology to

The Unconscious

Lecture at Psychiatric Institute of Montgomery County -  
The Vulnerability of the Grandiose Self and the  
Psychotherapy of Acting Out Patients

Lectured at Paint Branch High School on The Practice  
of Psychiatry

Grand Rounds at Suburban Hospital - Approaches to the  
Elderly Patient

Lecture at Rockville High School on The Practice of  
Psychiatry

Grand Rounds at Shady Grove Adventist Hospital - Geriatric  
Psychiatry

Lecture at Psychiatric Institute of Montgomery County on  
the Borderline Patient

Lecture at Psychiatric Institute of Montgomery County on  
Lithium and Psychiatry

Lectured retirees and the general community at Ring House on  
Take Your Medications Correctly, or They May Take Your  
Life

Articles in local papers on Senility

Articles in local papers on teenage overdoses

Lecture to Active Medical Staff - Psychiatric Institute of  
Montgomery County on Panic Disorders

Spoke to Juvenile Services Administration - on Teenage  
Suicide

Lecture to local book club on The World is Made of Glass  
Television appearance on Morning Break program  
regarding Teenage Suicide

Participant on syndicated radio program on Teenage  
Suicide

Spoke at Computer Sciences Corporation, □Survival Kit for  
Parents Of Teenagers

Spoke to private school principals on Teenage Suicide  
at the Psychiatric Institute of Montgomery County

Grand Rounds at Shady Grove Adventist Hospital -  
Presentation on Psychiatric Approaches to the Geriatric  
Patient: How Positive and Negative Staff Attitudes  
Affect Patient Care

Spoke to educators and psychologists on Teenage Suicide at  
the Psychiatric Institute of Montgomery County

Spoke to Employees Assistance Program personnel on Why  
is Psychiatry Interested in Premenstrual Syndrome? at the  
Psychiatric Institute of Montgomery County

Spoke to physicians, other health care professionals and lay  
people, Psychiatric Treatment of Premenstrual Syndrome

Psychiatric Institute of Montgomery County Physicians and  
Mental Health Professionals, Anxiety Disorders - State of  
the Art Treatment

Talk to Business and Professional Women on The Role of  
Chemical Transmitters in the Brain and Their Relation to  
Premenstrual Syndrome and Emotional Problems

Medical Grand Rounds at Shady Grove Adventist Hospital,  
Premenstrual Syndrome Diagnosis and Treatment for the  
Primary Care Doctor

Talk to Neuropsychiatry Evaluation Unit Nursing Staff on  
Managing Acting Out Patients

Talk to Expressive Therapy Staff on The Grandiose Self in  
Acting Out Patients

Americas Other Drug Problem - medication noncompliance  
in America delivered to a Temple Israel Sisterhood

Introduction to Topographic Brain Mapping of Event Related  
Potential, to Kingsbury School

Case Conference Consultant - PIMC

Educational Diagnosticians, Social Workers, and Educators,  
Clinical Applications of Topographic Brain Mapping

Clinical Applications of Topographic Brain Mapping in  
Attention Deficit Disorder given to educators and school  
Guidance counselors

Clinical Applications of Topographic Brain Mapping in

Psychiatric Outpatients given to the Northern Virginia Branch of the Washington Psychiatric Society

Clinical Applications of Topographic Brain Mapping for Inpatients given to the PIMC Medical Staff

Conference presentation for Temple University School of Medicine, Institute on Aging - Legacies and Lifestyles for Mature Adults: A Brighter Future Through Science and Technology - presented paper Humanizing Compliance Through Technology.

Community Lecture Series at PIMC on Male Psychological Reactions to Infertility

Presentation to Psychiatric Associates of Northern Virginia, Three Cases Where Topographic Brain Mapping Changed Diagnosis and Treatment.

Lecturer at the Chesapeake Bay Psychiatric Society on The Treatment Resistant Patient and Application of Topographic Brain Mapping

PIMC Medical Staff Grand Rounds, Humanizing Patient Medication Compliance Through Applications of Technology

Presentation to Private Practice Association on Neuro-Psychiatric Aspects of the Treatment Resistant Patient.

Presentation to the American Association of Employee Assistance Program Counselors on Neurophysiologic Aspects of the Treatment Resistant Patient

Presentation to the DC Child and Youth Services on The Treatment Resistant Young Adolescent: New Technologies/New Techniques

Clinical presentation to Psychological Services of Annapolis on The Treatment-Resistant Patient: New Techniques And New Technologies.

Medical Staff Grand Rounds presentation on Standards of Care for Diagnostic Testing.

Presentation to Intake Staff on Neurobehavioral Aspects of Psychiatric Disorders

Grand Rounds to Medical Staff on Standards of Care and Psychiatric and Neurologic Testing -- The Adoption of



Specific Criteria for Testing.

Presentation to Attorneys on New Technologies for Assessing Brain Injured Clients

Presentation to Jewish Social Services on the Assessment And Treatment of Brain Dysfunction in Adolescents

Presentation to Jewish Social Services, Social Work Department on Techniques for Identifying Brain Dysfunction in Difficult to Treat Patients

Presentation to substance abuse counselors on Neurophysiologic Effects of Substance Abuse, and the Kindling Hypothesis, at the Potomac Ridge Treatment Center

Talk on Improving Medication Compliance in Clinical Practice given to Central Intelligence Agency clinicians

Faculty member for Medical Issues in Personal Injury Litigation -- co-sponsored by the American Bar Association and the Maryland Trial Lawyers Association -- presentation entitled The Psychobiology of Brain-Injured Patients

Lecture given to Northern Virginia Head Injury Partnership on The Psychobiology of Mild Traumatic Brain Injury

Talk on Traumatic Brain Injury-Diagnosis and Treatment given to the Montgomery County Bar Association

“Electronic Case Management – the Emerging Role of Telehealth Technologies” Symposium sponsored by the Division of Transplant Surgery, Georgetown University Medical Center

“Validating ePRO Technology,” Poster Presented at Drug Information Association (DIA) Meeting entitled “Electronic Patient Reported Outcomes (ePRO) and the Regulatory Process: What’s Going On?”

“Patient Medication Compliance in Clinical Trials – The Emerging Role of Technology” presented at the Mid-Atlantic BioMed Conference in session entitled; “Maximizing Efficiency in Clinical Trials: What are the Pitfalls and How to Avoid Them?”

“Enhancing Medication Compliance in Phase IV Trials - The Emerging Role of Technology” presented at the Phase I Clinical Trials Conference in Philadelphia, PA.

Invited Participant to “The State of the Science on Safe Medication Administration,” at the University of Pennsylvania, sponsored by the *American Journal of Nursing (AJN)*, the University of Pennsylvania School of Nursing Center for Professional

Development, the Children’s Hospital of Philadelphia, the Hospital of the University of Pennsylvania, and the Infusion Nurses Society.

Presentations related to Technologies that Improve Medication and Care Plan Adherence:

2004 - Drug Information Association eClinical Interchange, “Patient Compliance Technologies that Enhance Clinical Trials and Post-Market Outcomes- The Emerging Role of ePRO Technology”

2004 – DIA – “Technologies that Enhance the Science of Clinical Trials - The Emerging Role of ePRO”

2004 - The University of Pennsylvania Medication Safety Conference, “Homecare Monitoring Technology – Improving Patient Safety and Medication Adherence

2004 - Bio/Med Expo 2004, ”Electronic Case Management: The Emerging Role of Telehealth Technologies”

2006 – Disease Management Colloquium – “Consumer Acceptance of Home Monitoring Solutions”

2006 – Healthcare Unbound – “Medication Adherence System Overview”

2007 – Disease Management Colloquium - “Technologies that Improve Medication and Care Plan Adherence”

2008 – Disease Management Colloquium - “Medication and Care Plan Adherence Technologies That Improve Patient Outcomes”

2008 – Medical Automation Conference – “Medication Adherence”

2009 – Population Health and Disease Management Colloquium – “Real-Time Patient Monitoring and Care Manager Communications, to Improve Medication and Care Plan Adherence”

2008 – Northern Virginia Leadership Breakfast presented “Three Leadership Situations - Best handled by a manager, a coach, or a therapist?”

2008 – Presentation to Vistage Trusted Advisors Group, “Contemporary Psychiatric Services – Executive Centering Coach”

2009 – Presentation to Washington DC Region Vistage Executive Coaches, “When to Refer to a Psychiatrist”

2009 – Grand Rounds Presentation at Montgomery General Hospital, “How Psychiatry Works”

2009 – Grand Rounds Presentation to Shady Grove Adventist Hospital, “When to Refer to a Psychiatrist and How Psychiatry Works”

2009 – Grand Rounds Presentation to Holy Cross Hospital, “How Psychiatry Works, Psychiatric Strategies to Become a Better First Responder”

2009 – Potomac Physicians Presentation, “How to Become a Better ‘First Responder’ to Your Patients’ Emotional Disorders”

2010 – Capital Women’s Care Presentation, “The Ob-Gyn Practice as a First Responder to Patients’ Emotional Problems”

2010 – Britt Rathbone & Associates Presentation, “The BioPsychoSocial Model of Evaluation and Treatment”

2010 – Winston Churchill High School Presentation, “The High School Guidance Counselor as a First Responder to Your Students’ Emotional Disorders – How Psychiatry Works”

2011 – DC Chapter, Employee Assistance Professionals Presentation, “The EAP Professional as a “First Responder” to Executive Stress

2011 – Capital Women’s Care Executive Board Presentation – “The Ob-Gyn as a First Responder – Treating Anxiety and Depression”

## MEMBERSHIPS

Vistage International – CEO Member – 2007 – 2010  
VSOP – Tri-monthly Executive Coaching Participation  
Montgomery County Medical Society  
Medical and Chirurgical Faculty of the State of Maryland  
American Psychiatric Association

## PUBLICATIONS AND MEDIA APPEARANCES

Abramson, Ronald, M.D., Kehr, Bruce A., M.D. and Rosenblum, Charles, M.D., Managing Hopelessness in Chronic Care, □Geriatrics, May, 1981, Vol. 36, No. 5, pp 162-164

Abramson, Ronald, M.D., Kehr, Bruce A., M.D.  
Code or No Code Decisions, □ New England Journal  
of Medicine, Vol. 300, No. 18, May 3, 1979,  
pp 1057-1058

Bruce A. Kehr, M.D., Perspective: Teen Suicide, Style  
Plus, The Washington Post, Sept. 13, 1983

Friedman, A. Jerry, M.D., and Kehr, Bruce A., M.D.,  
Will I Remember You? How Aging Affects Both the Mind and  
Body, Shady Grove Evergreen, pp 8-12

Kehr, Bruce A., M.D., Effects of Patient Non-  
Compliance, Trends and Forecasts Newsletter, National  
Pharmaceutical Council, Fall/Winter 1990

Kehr, Bruce A., M.D., Electronic Compliance Monitoring  
in Clinical Trials Guest Editorial, Applied Clinical Trials,  
May 1992

Kehr, Bruce A., M.D., Clinical Drug Trials: Fact or  
Fantasy?, Pharmacy Times, April 1992

Host and Narrator of video production entitled The Other  
Drug Problem: Medication Misuse Among Older  
Americans sponsored by Jewish War Veterans and  
Montgomery Community Television

Contributing Editor for National Council for Patient  
Information and Education on Working Age Adults Paper  
and other papers

WGAY Radio Guest Expert, kicked off Panic Week □ by  
Speaking on Panic Disorder

Kehr, Bruce A., M.D., and John Hawks, To Comply or Not  
Comply? - A Physicians Perspective, □ Drug Utilization  
in Practice, Vol. 1, No. 4, July 1994

Ruskin P; Ven Der Wende J; Clark C; Fenton J; Deveau J;  
Thapar R; Prasad M; Kehr B. Feasibility of Using the Med-  
eMonitor System in the Treatment of Schizophrenia: A Pilot  
Study. *Drug Information Journal* 37, p. 283-291, 2003

Kehr, Bruce A. M.D., Computer-Enhanced Treatment  
Compliance – New devices promise to help keep patients on  
track. Feature Article, Behavioral Health Management  
Vol. 24, No.2, March/April 2004

Interviewed Live on FOX National News with respect to Medication Adherence Technologies in 2007

Multiple media interviews and quotations in local, regional and national publications as an expert in medication adherence

PSYCHIATRIC MODALITIES

Consult to and treat senior executives, professionals and managers, psychopharmacologic consultation, neuropsychiatric evaluations, individual, and couples therapy. Forensic Neuropsychiatric Evaluations.